

# SPRING THE TICKLED TROUT

## SEASON'S TIPPLES

Leslie's Gold NV **8.00**

Leslie's sparkling wine flight **12.00**

Balfour Blanc de Blancs 2018 **10.50**

Balfour still wine flight **15.00**

## BAR NIBBLES

Mussel fritters, lemon & dill crème fraîche **10.00**

House marinated olives **6.00**

Local bakers bread, whipped herb butter **5.00 per person** (veo)

Deep fried crispy squid, lemon aioli (gfo) **8.00**

Cumberland sausage ring, mustard mayonnaise **8.00**

Hot smoked trout 'Scotch egg' **8.00**

## STARTERS

Pea & wild garlic soup, herb croutons **10.00**

Kentish asparagus, poached duck egg, chive hollandaise (gf) **11.00**

Pan-seared scallops, garden pea volute, crisp 'Moons Green' cured ham (gf) **14.00**

Beef tartare, quails egg, cornichons, pickled shallot rings, bone marrow croute (gf) **13.00**

Spring garden vegetable terrine, lemon oil, toasted sourdough (ve) **9.00**

Steamed mussels, Balfour Leslie's Brut cream sauce (gfo) **10.00 | 18.00**

Baked Kentish Camembert, rosemary, thyme & garlic, chilli jam, sourdough toast (v,gfo) **18.00**

## MAINS

Pan roasted spring lamb rump, faggot cake, creamed baby gem, greens & bacon, minted red wine jus (gf) **26.00**

Trout en-croûte, Kentish asparagus, samphire butter, spring greens (gf) **24.00**

Harissa marinated cauliflower, wild rice, curried coconut broth, crispy onion (ve) **19.00**

Wild garlic & herb gnocchi, garden peas, leeks, asparagus (v) **18.00**

Pan roasted sea bass fillet, pea & mint puree, crushed potato cake, mussels & Liberty's Bahcuss sauce (gf) **23.00**

Moons Green ham wrapped rabbit loin, crispy leg, wild garlic dauphinoise, carrot, tarragon cream sauce (gf) **22.00**

## THE CLASSICS

8oz fillet steak, chunky chips, vine tomato, confit garlic mushroom, blue cheese or peppercorn or red wine jus (gf) **35.00**

Balfour beer-battered fish & chips, minted mushy peas, tartare sauce **19.00\***

Wild boar sausage & mash, red onion gravy, crispy onions **17.00**

Pie of the day, cream mash potato, stem broccoli & stock pot carrots, red wine jus (gf) **18.00**

Balfour cheeseburger, Applewood cheddar, baby gem lettuce, tomato, gherkin, burger sauce, fries **18.00**

Add blue cheese or bacon **2.00**

## SIDES

Creamed potato **6.00**

Spring greens & peas **6.00**

Hand-cut chips **6.00**

Wild garlic dauphinoise **6.00**

Creamed baby gem & spring greens **6.00**

Fries **6.00**

*Support*  
**A LOCAL CHARITY**

\*For every portion of Balfour Fish & Chips sold, we donate £1 to Dandelion Time - a nature-based charity that works with children and their wider family to overcome issues and difficulties. **Ask our team for further details.**

[www.thetickledtrout.com](http://www.thetickledtrout.com) | [@thetickledtroutmaidstone](https://www.instagram.com/thetickledtroutmaidstone)

*If you suffer from allergies, please let a member of staff know before ordering. We offer gluten-free and vegan options.  
A discretionary service charge of 10% will be added to your bill.*