

# SUMMER SUNDAYS AT THE TICKLED TROUT

## TIPPLES

Leslie's Gold NV **8.00**

Leslie's Brut NV **8.00**

Leslie's sparkling wine flight **12.00**

Balfour still wine flight **15.00**

## BAR NIBBLES

Local bakers bread, whipped herb butter **5.00 per person** (veo)

House marinated olives (v) **6.00**

Lemon & mint hummus, crudités, sourdough (ve/gfo) **8.00**

Smokey paprika corn ribs, lime yoghurt (v/gf) **7.00**

Tempura squid, lemon & garlic aioli **8.00**

Pork belly bites, burnt apple purée, crispy sage (gf) **8.00**

## STARTERS

Courgette & pea gazpacho (v/gfo) **10.00**

Smoked trout, potato rosti, cucumber purée, dill, horseradish crème fraîche (gf) **11.00**

English burrata & roasted peach salad, heritage tomatoes, basil pesto (gf) **11.50**

Hot smoked salmon, caper potato salad, pickled summer vegetables (gf) **12.00**

Chicken liver parfait, Kentish apple chutney, sourdough toast (gfa) **10.50**

Camembert, Kentish apple chutney, sourdough toast (v/gfo) **18.00**

## MAINS

French bean & creamy pesto gnocchi, pangrattato, parmesan cheese (v/veo) **18.00**

Pan-seared lemon sole, ratatouille, buttered kale, caper butter sauce (gf) **22.00**

Balfour IPA beer-battered fish & chips, minted mushy peas, tartare sauce (gf) **19.00\***

Double cheeseburger, Applewood cheddar, baby gem, tomato, gherkin, crispy onions, house burger sauce, fries (gfo) **18.00**

*Add blue cheese or bacon 2.00*

## ROASTS

*All served with garlic & rosemary roast potatoes, braised red cabbage, seasonal vegetables, Yorkshire puddings & gravy*

Dry aged sirloin of beef, rosemary & garlic rub (gfo) **24.00**

Garlic, rosemary & thyme braised shoulder of lamb (gfo) **23.00**

Roasted pork loin, sage & onion stuffing (gfo) **22.00**

Parsnip & rosemary nut roast, (gfo/v/veo) **17.00**

Mixed roast - Sirloin of beef, braised shoulder of lamb & pork, stuffing **28.00**

Children's roast **half price**

## SIDES

Creamed potato (gf/veo) **6.00**

Curly kale (gf/veo) **6.00**

Hand-cut chips (gf/v) **6.00**

Cauliflower cheese **6.00**

Tenderstem (ve/gf) **6.00**

Pigs in blankets **6.00**

## Support A LOCAL CHARITY

\*For every portion of Balfour Fish & Chips sold, we donate £1 to Dandelion Time - a nature-based charity that works with children and their wider family to overcome issues and difficulties. **Ask our team for further details.**

[www.thetickledtrout.com](http://www.thetickledtrout.com) | [@thetickledtroutmaidstone](https://twitter.com/thetickledtroutmaidstone)

**If you are sitting outside, we kindly ask that you order your food & drink at the bar...**

*If you suffer from allergies, please let a member of staff know before ordering. We offer gluten-free and vegan options.*

*A discretionary service charge of 10% will be added to your bill.*