

SUMMER AT THE TICKLED TROUT

SEASON'S TIPPLES

Leslie's Gold NV **8.00**

Leslie's sparkling wine flight **12.00**

Balfour Blanc de Blancs 2018 **10.50**

Balfour still wine flight **15.00**

BAR NIBBLES

Local bakers bread, whipped herb butter **5.00 per person** (veo)

House marinated olives (v) **6.00**

Lemon & mint hummus, crudités, sourdough (ve/gfo) **8.00**

Smokey paprika corn ribs, lime yoghurt (v/gf) **7.00**

Tempura squid, lemon & garlic aioli **8.00**

Pork belly bites, burnt apple purée, crispy sage (gf) **8.00**

STARTERS

Soup of the day, herb croutons (v/gfo) **10.00**

Smoked trout, potato rosti, cucumber purée, dill, horseradish crème fraîche (gf) **11.00**

English burrata & roasted peach salad, heritage tomatoes, basil pesto (gf) **11.50**

Half-pint shell-on prawns, lemon aioli, sourdough **12.00**

Chicken liver parfait, Kentish apple chutney, sourdough toast (gfa) **10.50**

Camembert, Kentish apple chutney, sourdough toast (v/gfo) **18.00**

MAINS

French bean & pesto gnocchi, pangrattato, parmesan cheese (v/veo) **18.00**

Pan-seared lemon sole, ratatouille, buttered kale, caper butter sauce (gf) **26.00**

Harissa spiced aubergine, lime & coriander couscous, roasted vine tomatoes, feta (ve/gf) **18.00**

Trio of pork: 9-hour pressed belly, fillet, black pudding bonbon, cauliflower purée, cider jus (gf) **22.00**

Lamb rump, parmentier potatoes, honey-roasted heritage carrots, salsa verde (gf) **26.00**

Pan-roasted cod fillet, herb new potatoes, tenderstem, vierge sauce (gf) **24.00**

THE CLASSICS

8oz fillet steak, chunky chips, vine tomato, confit garlic mushroom, blue cheese or peppercorn or red wine jus (gf) **38.00**

Balfour IPA beer-battered fish & chips, minted mushy peas, tartare sauce (gf) **19.00***

Pork & apple sausage & mash, red onion gravy, crispy onions **18.00**

Double cheeseburger, Applewood cheddar, baby gem, tomato, gherkin, crispy onions, house burger sauce, fries (gfo) **18.00**

Add blue cheese or bacon 2.00

SIDES

Creamed potato (gf/veo) **6.00**

Curly kale (gf/veo) **6.00**

Hand-cut chips (gf/v) **6.00**

Herb new potatoes (ve/gf) **6.00**

Tenderstem (ve/gf) **6.00**

Fries (v/gf) **6.00**

Support
A LOCAL CHARITY

*For every portion of Balfour Fish & Chips sold, we donate £1 to Dandelion Time - a nature-based charity that works with children and their wider family to overcome issues and difficulties. **Ask our team for further details.**

www.thetickledtrout.com | [@thetickledtroutmaidstone](https://www.instagram.com/thetickledtroutmaidstone)

If you are sitting outside, we kindly ask that you order your food & drink at the bar...

If you suffer from allergies, please let a member of staff know before ordering. We offer gluten-free and vegan options.

A discretionary service charge of 10% will be added to your bill.