

THE TICKLED TROUT

BAR NIBBLES

Home baked garlic & rosemary focaccia, balsamic & olive oil (vg/gfo) **5.00pp**

Halloumi fries, Bloody Mary aioli (gf) **7.00**

House marinated olives (vg/gf) **6.00**

Roasted red pepper dip, crudités & bread (vg/gfo) **8.50**

Cauliflower & Ashmore cheddar cheese bites, truffle aioli (gf) **7.50**

Buffalo chicken wings, Kentish blue cheese dip (gf) **8.50**

STARTERS

Spring pea and mint soup, home-baked focaccia (gfo) **10.00**

Potted chalk stream trout, chilli, tarragon & pink peppercorns, toasted bloomer (gfo) **12.00**

Spring lamb & wild garlic kofta, pitta bread, dill & mint yoghurt, pickled red cabbage (gfo) **13.00**

Grilled goat's cheese salad, pickled radish, spring onion, red onion jam (gf) **11.00**

Prawn cocktail, shredded baby gem, Marie Rose sauce, bread & butter (gfo) **12.00**

MAINS

New Romney lamb rump, roasted herb potatoes, spring greens, mint jus (gf) **27.00**

Rye bay sea bass fillet, salt & vinegar potatoes, pak choi, coconut & lime curry sauce (gf) **25.00**

Baked spring vegetable gnocchi, white wine sauce, wild rocket, parmesan (veo) **19.00**

Seafood linguine, mussels, prawns, haddock, chilli & tomato sauce, wild rocket (gfo) **22.00**

Lemon and garlic chicken schnitzel, mashed potato, spring slaw, creamy mushroom sauce (gf) **22.00**

Spring rice noodle salad, chilli maple peanuts, coriander, celery & spring peas (vg/gf) **18.00**

CLASSICS

6oz fillet steak, chunky chips, roasted tomato & garlic mushroom, watercress (gf) **36.00**

Add peppercorn, garlic butter or Kentish blue cheese sauce 2.00

Balfour IPA beer battered fish & chips, mushy peas, tartare sauce (gf) **19.00**

Local pork and leek sausage & mash, spring vegetables, red wine gravy **19.00**

Double stack burger, two 4oz beef patties, smoked cheddar, house burger sauce, crispy shallots, baby gem, tomato, gherkin, skinny fries (gfo) **19.50**

Add smoked streaky bacon 2.00

SIDES

Mash potato (veo/gf) **6.00**

Spring vegetables (veo/gf) **6.00**

House salad, maple & mustard dressing (vg/gf) **6.00**

Chunky chips **6.00**

Skinny fries **6.00**

www.thetickledtrout.com | [@thetickledtroutmaidstone](https://www.instagram.com/thetickledtroutmaidstone)

If you are sitting outside, we kindly ask that you order food & drink at the bar...

If you suffer from allergies, please let a member of staff know before ordering.

We offer gluten-free and vegan options.

A discretionary service charge of 10% will be added to your bill.