

LUNCH

AT THE TICKLED TROUT

Monday - Friday, 12pm - 3pm

BAR NIBBLES

Home-baked focaccia, balsamic & olive oil (vg/gfo) **5.00pp**

Halloumi fries, Bloody Mary aioli (gf) **7.00**

House marinated olives (vg/gf) **6.00**

Roasted red pepper dip, crudités & bread (vg/gfo) **8.50**

Cauliflower cheese bites, truffle aioli (gf) **7.50**

Buffalo chicken wings, blue cheese dip (gf) **8.50**

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Caprese chicken burger, mozzarella, basil, tomato, baby gem, skinny fries (gfo) **19.00**

Tickled Trout croque madame, honey roasted ham, béchamel, parmesan, fried hen's egg, skinny fries (gfo) **14.00**

Balfour IPA beer battered fish finger sandwich, tartare sauce, lettuce, skinny fries (gfo) **13.50**

Caesar salad, shredded gem lettuce, Caesar dressing, anchovies, parmesan (vgo) **11.00** Add chicken **6.00** Add halloumi **5.00**

www.thetickledtrout.com | [@thetickledtroutmaidstone](https://www.instagram.com/thetickledtroutmaidstone)

If you are sitting outside, we kindly ask that you order food & drink at the bar...

If you suffer from allergies, please let a member of staff know before ordering.

We offer gluten-free and vegan options.

A discretionary service charge of 10% will be added to your bill.